

Florida Wellness DENTIST

SABA RIZVI, DMD

Digital
SMILE DESIGN
for Smile Makeovers
and Implants

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Meet
DR. RIZVI

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**HEALTH &
WELLNESS**

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FACIAL ESTHETICS

- ★ PRF Facials
- ★ Laser Peel
- ★ Microneedling

PAGE 10



My **Dentist for Life**[®]
www.MyDentistForLife.com



HEALTHY MOUTH. HEALTHY BODY. HEALTHY MIND.



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 Breathe Better → **QUALITY SLEEP!**
 Look Better → **BOOSTED SELF ESTEEM!**



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 Consultation only.

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My **Dentist for Life®**
www.MyDentistForLife.com

The patient and any other persons responsible for payment has the right to refuse to pay, cancel payment or be reimbursed for payment for any other service, examination or treatment which is performed as a result of and within 72 hours of responding to the advertisement for the free, discounted-fee service or reduced-fee service, examination or treatment. DN15321

Meet Dr. Saba Rizvi, BIOLOGICAL DENTIST AND CEO OF MY DENTIST FOR LIFE

Dr. Saba Rizvi is a graduate of Rutgers School of Dental Medicine and brings over 25 years of dental experience. She believes that the four pillars of a truly exceptional dental experience are comfort, compassion, customer service, and quality dentistry. She is on a mission to create a dental experience like no other. Dr. Rizvi is especially passionate about promoting an integrative approach to dentistry

that promotes overall well being in order to build a confident smile and a healthy life. Her practice specializes in biological dentistry, which focuses on the important connection between oral health and overall well-being. She emphasizes preventative treatments and minimally invasive approaches, recognizing that the mouth serves as a gateway to the rest of your body.



Saba Rizvi, DMD



As part of her commitment to providing the best dental care for her patients, she takes over 200 hours of dental continuing education yearly to stay on top of the safest techniques from digital smile design, guided implant placement, and facial esthetics, to just name a few.



Dr. Rizvi at NeoDent Symposium in Miami learning about the latest implant technologies.



Dr. Rizvi at the Colorado Surgery Institute learning about how to provide same-day implants with teeth.

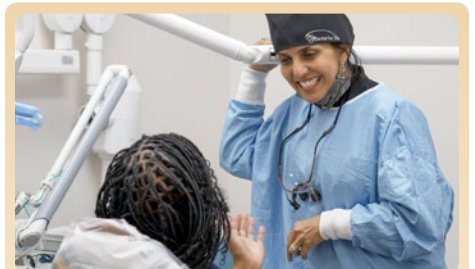
Our dedication to the best possible care

With well over 1000 5-star reviews on Google and the a ranking as #1 Best Dental Office on Nextdoor from 2019 to 2023, we hope that you trust us to take care of you.



On a personal note...

...she is married to John Rizvi, a well-known South Florida patent lawyer, and is the proud mom of 5 children. In her free time, she enjoys reading, and spending quality time with her family. She also enjoys photography, traveling, and exercising.



"Dr. Rizvi is welcoming and warm from the moment you walk into the door, and she makes you feel [at]

home. Not only that, but she is also very knowledgeable, which is something that makes you feel very secure...the staff members, the doctor, all are incredibly honest and trustworthy."



Laura G.

— LAURA GARRIDO

Health and Wellness

WHAT CAN I EXPECT AT A BIOLOGICAL DENTISTRY OFFICE?

At My Dentist for Life, we recognize the important connection between oral health and overall wellness. We provide many preventative treatments using minimally invasive techniques to ensure the overall health, beauty, and well-being of our patients. Each patient receives personalized attention to

address any concerns or anxieties related to dental treatment.

As a biological dentistry office, we prioritize the use of restorative materials that are comparative with the entire body to minimize negative health effects.

Ozone Therapy:

DISCOVER THE HEALING POWER OF OZONE



Ozone is simply an energized form of oxygen (O₃) that is formed naturally in the atmosphere by the sun to filter out harmful UV rays. Ozone also has powerful anti-bacterial, anti-fungal, and antiviral properties. It is even produced by our own white blood cells to eliminate infections.

Why Ozone Therapy?

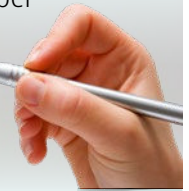
Increases circulation, enhances the immune response, and promotes more rapid healing, **without any harmful byproducts or side effects, unlike many current therapies in dentistry.**

At My Dentist for Life, ozone therapy used in many different treatments:

- Non-chemical treatment of gum disease
- Disinfect tooth after removal of decay
- Treat cavities and systemic infections
- Reduce infections in Root canal therapy
- Promote healing after surgical procedures
- Reduce disease-causing biofilms
- Promote healing of cold/canker sores

BIOLOGICAL GUM DISINFECTION

A laser is a beam of super-concentrated light. In dentistry, gentle lasers are used for many purposes by using focused light energy to remove bacteria from the mouth and reshape gums to reduce any visible signs of gum disease on your teeth and gums. Some treatments include treating gum disease, tooth decay, crown lengthening, and recontouring gum tissue around implants or crowns.



The benefits of laser dentistry include:

- Minimal pain during the procedure
- Faster healing time
- Improved oral health outcomes
- Reduced risk for other oral health problems

NIGHTLASE LASER SNORING TREATMENT

Do you snore? Or maybe your spouse? Snoring is more than just a nuisance, it can also mean you're not getting great quality sleep.

We screen every patient for potential airway problems, including snoring. When prescribed, we are able to provide our patients with a treatment that helps reduce, and even eliminate, snoring. Patients who receive this treatment often report waking up feeling more refreshed, and their spouses too! NightLase does not require you to wear a device when you sleep and involves no chemical treatments. All it takes is three separate treatments over a three month period to help you sleep better.

SALIVA TESTING / SALIVA MICROSCOPY

An ever-growing body of research indicates a link between **gum infections and systemic diseases**, including cardiovascular disease, colorectal cancer, diabetes, gastrointestinal disorders, insulin resistances, Alzheimer's, and adverse pregnancy outcomes.

One way to discover the pathogens present in your mouth is to take a sample of your saliva and review it under a microscopy to differentiate the good bacteria from the harmful bacteria. At

At My Dentist For Life, we offer high risk pathogen saliva testing, which tests for the 5 bacterial pathogens most critical and highest

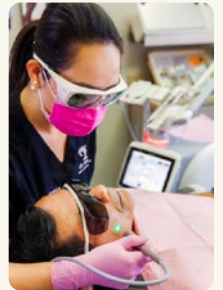


risk for infection (viruses, bacteria, fungi, protozoa, and worms).

The presence of periodontal (around the tooth) pathogens in the mouth could affect your immune response beyond just your mouth. Swallowing this bacteria and chewing when gums bleed can introduce pathogens into the gut and blood to promote systemic conditions.

Biological Extraction

As a biological practice, we take teeth removal very seriously. We consider removing any tooth as a last resort because it's losing a part of your body, and the process must be given extreme care. One step in our extensive process is to use laser therapy in the extraction site. The special light created from the laser is able to simultaneously disinfect the extraction site, provide biomodulation therapy, and help you heal faster with fewer to no post-operative complications.



SMART Safe Mercury Removal



Risk of mercury amalgam fillings

Silver-colored fillings are mercury amalgam fillings, with each containing approximately 50% mercury. Mercury is continuously emitted from the fillings, and it is absorbed and retained in the body, particularly in the brain, kidney,

liver, lung, and gastrointestinal tract. While a number of other countries have banned or limited their use especially for pregnant women and children, dental amalgam fillings are still being used without any restrictions in many regions of the world, including the United States.

Safe Mercury Amalgam Removal Technique (SMART)

At My Dentist for Life, we offer safe removal of amalgam fillings known as the Safe Mercury Amalgam Removal Technique (SMART). To learn more about the global SMART protocol, visit [theSMARTchoice.com](https://www.theSMARTchoice.com), and be sure to talk with Dr. Rizvi about it!

Trust our SMART approach for mercury filling removal. Our process ensures **S**trategic planning, **M**ethodical execution, **A**ccurate detection, **R**esponsible handling, and **T**horough extraction.

With specialized equipment and trained professionals, we prioritize safety at every step, adhering strictly to industry standards and regulations. Count on us for meticulous and responsible mercury removal to safeguard your wellbeing and the environment.

Transform your Smile and Life WITH DIGITAL SMILE DESIGN

Transform your smile and your life with **Digital Smile Design** to plan your Cosmetic Dentistry treatment.



We offer a number of Cosmetic Dentistry services at our office using Digital Smile Design Technology:

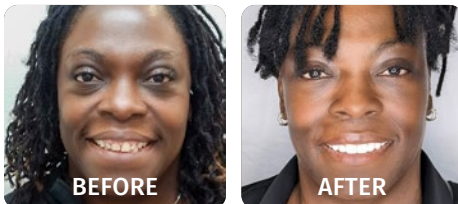
- **PORCELAIN VENEERS:** Thin, custom-made shells bonded to the front of your teeth to conceal chips, cracks, discolouration, gaps, and minor misalignment.



- **COMPOSITE VENEERS:** Tooth-colored resin is used to restore minor chips, cracks, and gaps while maintaining a natural appearance, and retaining natural enamel.



- **KOR WHITENING:** Permanent professional whitening treatment to brighten your smile and remove stubborn stains up to 10 shades lighter.



- **FULL MOUTH REHABILITATION:** Transforming worn down teeth by restoring all teeth back to natural shape and form.

Dr. Saba Rizvi is clinically trained in Digital Smile Design, a new technology that enables patients to visualize and essentially "test drive" their individualized cosmetic dental mock-up of their smile before finalizing the completed result.

The Process:

STEP 1 - COMPREHENSIVE EVALUATION:

Dr. Rizvi will conduct a physical examination to inspect the patient's teeth, gums, jaw joints, and muscles, looking for signs of decay, stress, or instability. Any underlying problems will be corrected at this point, as they are likely to occur again if they are simply masked with dental treatment. Additionally, she will study the patient's facial appearance, including symmetry, lips and mouth size, skin tone, and texture to ensure the cosmetic changes will look natural.



STEP 2 - TREATMENT PLANNING:

Dr. Rizvi will create a 2-D design mockup from all the information gathered in Step 1. From there, the design will be calibrated to the patient to build a 3-D model, which will demonstrate and test how the cosmetic changes will function. With Digital Smile Design's mockup, Dr. Rizvi will present a more human, emotional, and artistic face of dentistry. Every person deserves a smile that is healthy, natural-looking, and beautiful.

STEP 3 - PREPARATION AND PROTOTYPE:

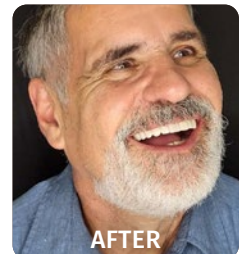
Once the planning process is complete, Dr. Rizvi and the patient will review the photos and videos taken and build a personalized treatment course together. The patient's teeth and mouth will then begin to be prepped for restoration. Molds will then be taken after the teeth are prepared, after which Dr. Rizvi will apply a prototype tooth-colored plastic version of the final restoration.

STEP 4 - SMILE MAKEOVER:

Dr. Rizvi will establish a plan to complete the changes based on the prototype from Step 3. The final restoration, whether it be a dental crown, porcelain veneer, dental bridge, or dental implant, will then be created at a state-of-the-art dental laboratory to Dr. Rizvi's exact specifications. Due to this thorough digital smile design process, the final restoration is a precise, predictable result that feels comfortable, looks natural, and functions optimally.

How long does it take?

The time needed to complete all four steps of the digital smile design varies from patient to patient, depending on their needs and personal goals. The process can be as short as just a couple of weeks for someone with minor changes.



Teeth IN A DAY

Computer-guided implant surgery is the ideal procedure for receiving implants. This minimally invasive breakthrough procedure enables you to receive new implants with replacement teeth in one day, including any necessary extractions.



Computer-Guided Implant Surgery: A Dental Breakthrough

Traditional implants are placed freehand by a skilled dentist who visually determines the best location for the implant. With computer-guided implant surgery, a revolutionary imaging system is used instead to identify the ideal implant location based on your jawbone health. The system then produces surgical guides so your implant is precisely placed in its optimum location.

What to Expect

Most Teeth-in-a-Day procedures follow these four steps:

1. **CONSULTATION:** To determine if Teeth in a Day are right for you, you'll have a consultation and exam with Dr. Rizvi. She'll ask about your oral health goals and concerns. She'll also answer all your questions, address any issues and provide you with a treatment plan that

meets your needs. If you're ready to get started right away, you'll immediately move onto the next step or schedule your next appointment instead.

2. **PLANNING:** At this appointment, we'll use our high-end imaging system to take scans and photos of your mouth. The scans are finely detailed 3D images far superior to routine x-rays. We then use our computerized system to plan out the precise steps of your implant procedure.
3. **BEAUTIFUL NEW SMILE:** When you arrive for your Teeth in a Day, you will be anesthetized so you feel no pain. If one or more teeth need to be extracted, we will perform the extraction and then place your implants. The next day, we then attach temporary crowns and/or a bridge to the implants. You walk out with a beautiful new smile!
4. **PERMANENT NEW TEETH:** Once the implants have fused with your jawbone, you will come back in for your new permanent teeth.

**SCHEDULE YOUR CONSULTATION
AT MY DENTIST FOR LIFE TODAY!
(954) 578- 6869**



Dr. Rizvi providing Teeth in A Day at the Colorado Surgical Institute



ADVANTAGES OF COMPUTER-GUIDED IMPLANT SURGERY

Computer-guided implant surgery is the gold standard of implant procedures. Here's why:

- **MINIMALLY INVASIVE:** Because the implant location is exactly calculated by our computerized system, the need for cutting gum tissue and using sutures is greatly reduced.
- **UNPARALLELED ACCURACY:** An implant that is precisely placed in its ideal location means your new teeth will perform exactly as they should with no discomfort.
- **OPTIMUM IMPLANT LOCATION:** Our computerized surgery system determines the ideal location for your implant based on bone density and health. This means a better-functioning artificial tooth.
- **MOST NATURAL APPEARANCE:** The pinpoint accuracy of your implant guarantees the most natural position and appearance of your new artificial teeth.

Dental Implants: **THE IDEAL SOLUTION FOR MISSING TEETH**



All-On-4 Uppers

The Benefits of Dental Implants:

- Artificial teeth that look, feel, and function just like your natural teeth
- Lasts the rest of your life when cared for properly
- Avoids the slipping and often uncomfortable experience associated with dentures
- Eat your favorite foods whether they are crunchy, chewy, sticky, or crispy
- Care for them just like your natural teeth

How Single Implants Work

To replace a missing tooth with an implant, a slender titanium or CERAMIC post is first placed in the bone of the jaw. This post will act as the root for the replacement tooth. As this area heals, the bone bonds tightly to the post and it becomes a strong and stable support structure. When the implant has healed well, an attachment is fastened to the top of the implant and your clean, white porcelain replacement tooth—called a crown—is secured to the attachment.

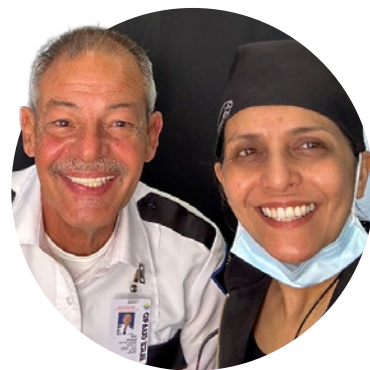


All-on-4 vs. Snap-On Teeth Over Implants

The two implant types used at My Dentist for Life are all-on-4 and snap-on teeth over implants.

While both options offer solutions for multiple missing teeth, they differ in their approach and application:

- **ALL-ON-4:** This technique uses 4-6 strategically placed implants per arch to support a full set of replacement teeth. It is known for its efficiency and ability to provide immediate function, often requiring less bone volume due to its specific placement.



- **SNAP-ON TEETH OVER IMPLANTS:** These implants involve placing several implants in the jaw onto which a removable denture can be snapped on and off. They offer stability and are easier to clean compared to traditional dentures but may not provide the same biting force as All-on-4 implants.

At My Dentist For Life, we can help you make the decision best suited for your dental needs!

Patient Comfort is Vital

Some patients might be concerned about their comfort during this procedure, but Dr. Rizvi and her team ensure to take every measure to keep every patient comfortable throughout their treatment. By ensuring that patients understand the steps of their treatment and



All-On-4 Lowsers



All-On-4 Underside



keeping them informed of every step before it happens, Dr. Rizvi approaches every case with transparency and a caring attitude.

Precision Implant Placement

A key element in the long-term success of an implant is exact placement in healthy bone. When

the implant is placed, a sophisticated, computerized imaging system guides its exact location in healthy bone to ensure its success. If you have lost bone mass, Dr. Rizvi can first

build up the region with bone graft before proceeding with an implant.

Six reasons to choose My Dentist for Life for your Dental Implant Procedure:

- Exceptional Quality of Care
- State-of-the-Art Technology
- Caring and Compassionate Team
- Comfortable office w/ Amenities
- Accept Many Insurances
- Financing & Discount Plans Available

Everyone Deserves a Confident Smile

Are you unhappy with your smile?
Has it been years since you visited the dentist due to fear of pain or judgment, lack of time, or money concerns?

At My Dentist For Life Of Plantation, we understand your concerns, and our mission is to be so exceptional that you choose us for life.



Facial

ESTHETICS



CARE[®]
ESTHETICS

Esthetic dentistry focuses on achieving a natural and healthy look through modern, less-invasive techniques.

It is time for us to recognize that dental esthetics does not start or end with the lips. Teeth must be able to blend into the face's overall structure. It's time to give a comprehensive case of esthetics that includes both hard and soft tissues, both inside and outside the mouth.

At My Dentist for Life, we offer Care Esthetics: The Most Advanced Regenerative Science in Facial Esthetics.

Holistic. Natural. Minimally Invasive.

A number of regenerative approaches and therapies can be performed at My Dentist for Life to obtain not just a beautiful-looking smile, but a beautiful and natural looking face. Our esthetic dentistry procedures are focused on improving the overall facial esthetics and minimizing or reversing facial aging in the most natural way possible. We are proud to use natural regenerative approaches with lasers and Platelet-Rich Fibrin (PRF) without having to utilize necessary chemicals or "filling" materials.



Exclusive Laser Therapy: Build Collagen, Contour, Improve Facial Tissues, and Smooth Skin

We use Fotona lasers, the finest quality medical-grade lasers to drastically improve facial tissues, contouring and smoothness by building collagen using laser light therapy. Lasers are the standard of care for removal of age spots, moles, and facial varicose veins.

What is Platelet-Rich Fibrin (PRF)?

Platelet-Rich Fibrin is a technology that uses your body's own natural and powerful healing proteins and concentrated growth factors found within blood to rejuvenate skin, treat hair loss, and speed up recovery, all through the power of a simple blood draw. PRF encourages the production of collagen, treats acne scarring, rejuvenates skin, stimulates hair growth, removes fine wrinkles, and tightens loose skin.

Bio-CARE[®] Facial:

- **STEP 1:** Stimulate collagen production using SmoothLase and LipLase laser therapy. SmoothLase is one of the signature treatments of the Fotona laser system featuring the ability to regrow and stimulate collagen from the inside of the mouth. LipLase enhances lips to give a fuller, more natural appearance through laser therapy.
- **STEP 2:** Laser peel. Laser peel uses the procedure most commonly desired by celebrities and actors to improve collagen regeneration of the skin.
- **STEP 3:** Microneedling with PRF. Enhances skin rejuvenation to promote glow-like skin.

- **STEP 4:** Customized treatment plan using fillers. A 100% all-natural way to use PRF as a natural biological filler.
- **STEP 5:** Complimentary removal of moles, veins, and age spots.

Each patient receives a personalized treatment plan using 100% natural procedures.

Our Prime Treatments:

- Laser Therapy (Fotona)
- Skin tightening, skin volumization (wrinkle reduction), acne reduction, scar removal, and spider vein removal
- Platelet-Rich Fibrin
- Wrinkle removal, increase collagen production, acne scarring reduction, and skin tightening
- Microneedling with PRF
- Smooth fine lines, wrinkles, acne scars, and promote a glow-like healthy and young skin texture



Our Cosmetic Treatments:

- Dermal Fillers
- Restore facial volume, smooth wrinkles, plump lips, and improve facial contours for a rejuvenated appearance
- Botox
- Reduce wrinkles and fine lines by relaxing facial muscles, resulting in a more youthful and refreshed look.

INVISALIGN

Do you want straight teeth, but metal braces do not match your lifestyle?

INVISALIGN® Can:

- Straighten your teeth in stealth mode
- Allow you to eat the foods you like during treatment
- Make cleaning and brushing easy
- Close eye-catching gaps
- Correct overlap/crowding issue



← Scan the QR code to see your new Invisalign smile in seconds.

No longer is it necessary to display metal braces for years at a time—and for every school, work or family events and photo opportunities that come along. Now you can eliminate the problems



associated with poorly aligned teeth without advertising that fact. Besides appearance, what's wrong with misaligned teeth? They are harder to keep clean. Toothbrushes and even dental floss may not fit into tiny crevices. Gum disease and decay are more likely. Also, top and bottom teeth may hit at the wrong places, causing stress at points not built for it. This can create wear, cracks or fractures. Correcting alignment eliminates these threats to your beautiful smile.

Invisalign clear aligners from Invisalign preferred provider Dr. Rizvi might be exactly the solution that you need. My Dentist For Life Of Plantation now has the recognition of being a 'Platinum Invisalign Provider 2022 & 2023'.

For ultimate camouflage, Invisalign offers a modern straightening method. A series of clear plastic trays are made using 3D digital models of your teeth. Medical-grade plastic without wires, metal, springs, or rubber bands gently move your teeth into place. Continuous pressure on specific teeth with each aligner means less discomfort and, in many cases, shortened treatment times. Dr. Rizvi will provide you several sets of aligners at a time, allowing you to change to a new tray at home every week.

Committing to consistent wear all day minus brushing and flossing helps ensure the success of your treatment. While clear aligners work extremely well for adults, a responsible teen can be a suitable candidate too.



New Breakthrough FOR SNORING AND SLEEP APNEA

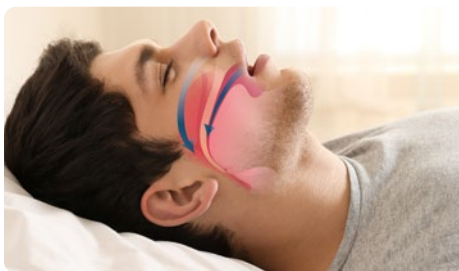
Snoring is more than an annoyance to your partner, it's a common symptom of sleep apnea. A serious medical condition, sleep apnea can cause serious health problems and, in severe cases, death.

Sleep Apnea Explained

Sleep apnea refers to pauses in breathing during sleep. This occurs when the throat and mouth muscles relax as you sleep, constricting your airway and blocking the flow of oxygen to the body. In severe cases, the person can stop breathing hundreds of times per night.

Risks of Sleep Apnea

When your airflow is repeatedly cut off during sleep, the body's oxygen levels drop perilously. Without adequate oxygen, a person may experience headaches and shortness of breath and in severe cases, heart



and brain dysfunction. Sleep apnea also deprives the sufferer of sound sleep which can weaken the immune system and increases the risk of heart disease, stroke, diabetes and more.



Do You Have Sleep Apnea?

Be alert to these warning signs of sleep apnea:

- Loud snoring, as told to you by another
- Pauses in breathing, also told to you by another
- Gasping for air while sleeping
- Dry mouth and/or headache upon awakening
- Daytime sleepiness
- Depression, irritability
- Jaw pain and teeth grinding

Life-Changing Solution

Until now, sleep apnea remedies have included a CPAP machine which forces air through the airway during sleep or a night guard which holds the lower jaw forward to help keep the airway open. Both are workable but require the patient to use these devices for the rest of their lives.

Dr. Rizvi recommends the groundbreaking VIVOS oral appliance for sleep apnea sufferers. Backed by scientific studies and research, this simple but powerful device actually remodels the person's airway to eliminate the causes of sleep apnea. When treatment is complete, the person no longer needs to wear the device. The results have been nothing short of life-changing.

Diagnosing Sleep Apnea

If you suspect you may have sleep apnea, come see Dr. Rizvi. She will use our technically advanced CBCT sophisticated imaging system, and home sleep study tests to identify problems which may contribute to sleep apnea.

Schedule a Consultation

Worried about snoring or sleep apnea?

Request a consultation at My Dentist for Life today. Call (954) 578-6869

State of the art TECHNOLOGY

ITERO® Element 5D Scanner



Traditionally, hours of labor in a dental laboratory were required to make a crown or bridge. With the adoption of more advanced dental technology into dentistry, digital imaging continues to grow in importance.

Most restorations begin with a mold of your mouth that involves messy impression materials. With the iTero Digital Scanner, you can say goodbye to the mess. iTero eliminates this step, replacing it with simple digital images captured with a handheld wand. The images quickly appear on a computer screen as 3D models of your teeth. Dr. Saba Rizvi reviews the detailed images to check for cavities, recession, and wear.

Hard Tissue Fotona Laser

Laser energy used to treat tooth and gum problems offers several advantages over the dental handpiece. While lasers can't perform every task, many opportunities for pain-free treatment make lasers an



integral part of modern dentistry. Lastly, and the most exciting of us of the Fotona Laser, are laser peels along with platelet rich fibrin (PRF). The minimally invasive nature of Fotona's patented VSP (Variable Square Pulse) technology allows precise and gentle hard-tissue removal in enamel and dentin without heating the surrounding tooth structure.

Guided Biofilm Therapy

EMS Airflow is a Swiss dental cleaning technology that uses a combination of air, water, and powder to remove plaque, stains, and biofilm from teeth. It's the latest innovation in a technique known as Guided Biofilm Therapy.



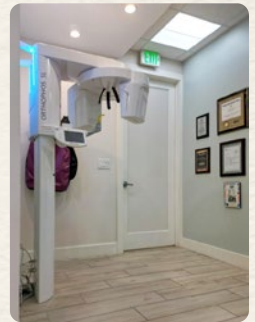
Intra-Oral Camera

Intra-oral imaging gives you a detailed view of your teeth. Words come to life when you can see what we see.

Visually transferring specific conditions in your mouth to a computer screen brings clarity simply not possible with a traditional mouth mirror. Specialized hand-held wands quickly capture the

details of your teeth and gums. In fact, even small cracks that often lead to broken teeth appear vividly, just with the click of a button.

As an added benefit, dental insurance benefits frequently pay easier with the visual proof of a captured image in our records.



Cone beam 3D imaging CT scan

We're excited to offer the most advanced imaging process in dentistry: ConeBeam CT scanning, or 3D imaging. This technology allows us to create virtually unlimited views of your teeth, joints, and airway with just one scan. We're able to obtain high-quality, detailed information to diagnose and plan your treatment needs, evaluating your teeth and facial structures from literally every angle, in 3D, and in color! Routine x-rays, on the other hand, produce a single flat image with limited information.

ZEISS Microscopy

The best microscopy technology in the field, ZEISS optics for our surgical and dental microscopes allows us to visualize details and fine structures that are otherwise difficult to see, enhancing the quality of our examination and treatment.



Public RELATIONS



Dr. Rizvi providing dental services to local community members!



Dr. Rizvi was recognized by the Kiwanis club of Sunrise for her service to the underserved in the community without access to dental care.



Dr. Rizvi was recognized with the "Champion for Literacy Award" for helping inspire a love of reading in youth.



Dr. Rizvi was recognized for providing free dental service in the Dominican Republic.



A large percentage of veterans suffer from PTSD, anxiety, and depression, leading to increased suicide rates.

We worked to achieve better healthcare outcomes for veterans by helping pass two resolutions demanding written informed consent for oral procedures including the administration of black box warning (BBW) medications that may contribute to an increased risk for suicidal ideation or other adverse health outcomes.

What our Patients ARE SAYING

"Amazing dentist! Highly recommend this establishment. The staff was outstanding when I had my implant procedure done over a whole year! It is always a joy coming in and seeing them for my cleaning or whatever dental concerns I have. If you are in the market for a new dentist please come and make an appointment!"

— A.M. ★★★★★



"I want to say the whole team at My Dentist For Life is an absolute blessing! Everyone is so professional, kind, and they perform such quality work! I've had countless procedures here and every one has been done to perfection! I wouldn't go anywhere else. Thank you everyone for your hard work and professionalism!"

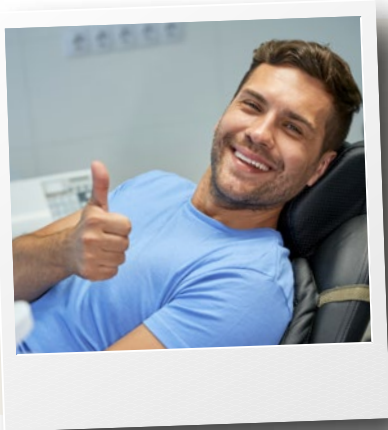
— A.T. ★★★★★

“

"I've always been an over thinker, especially about my teeth. But My Dentist For Life has incredible staff and absolutely helped my anxiety about all my fears and had answers to all my questions. I felt very cared for by everyone here. Thank you to everyone for their patience with me and their kindness. I appreciate it more than you know!"

— T.R. ★★★★★

”



"What a wonderful group of professionals! The office is fully equipped with advanced technology. The entire staff are professional, efficient, personable, very kind and friendly. It made me feel comfortable and at ease. Everyone is very warm and welcoming...Dr. Rizvi is really friendly. She took her time to exam, review and explain in detail when going through 3D with me and just in time a treatment list in detail along with what insurance covers/not cover.

They orchestrate the procedure really well - making the visit extra outstanding and special. Excellent team of doctors and staff. I just recommended my family members for their upcoming visit."

— J.N. ★★★★★

“

"They say your oral health is a big indicator of your overall body health. I'm glad I have Dr. Rizvi taking care of me. She does an excellent and thorough job. Her staff is pleasant. And her clinic makes going to the dentist a wonderful experience."

— S.R. ★★★★★

”

"Phenomenal experience from start to finish. Cutting edge equipment and technology alongside a staff of kind and knowledgeable individuals who take the time to explain every detail and answer all of my concerns. I have been to several dental offices and this is BEST dental experience yet!!"

— E.G. ★★★★★



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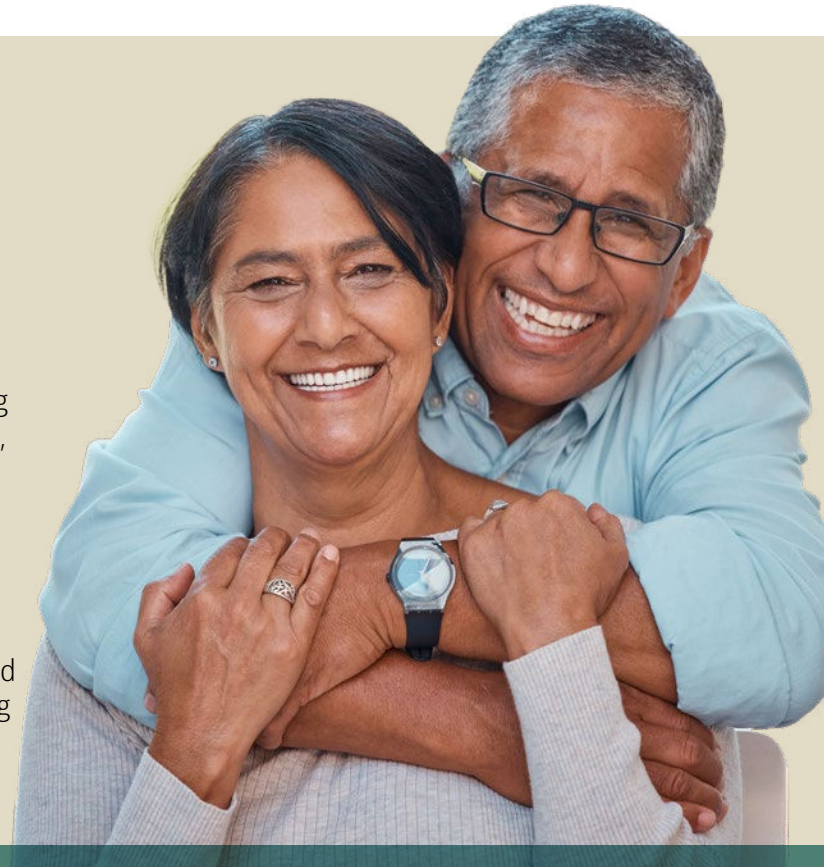
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